PREMIUM SENIOR Programme

Experience the adventure of French
www.cavilam.com
French courses
- Two-week sessions, throughout the year
- Morning classes, adapted to your level
- A pedagogical approach focused on communication
- Classes in small international groups of 8 to 15 participants

Activities
- A programme designed for you
- Personalized follow-up
- Meetings to practice your French outside the classroom

Accommodation
In the heart of the city and close to CAVILAM - Alliance Française
- In a host family, to share the life of a French family.
- In a flat or in a hotel residence for more independence.
- In a hotel.
  You will be met upon arrival and taken to your accommodation.

Have a great time,
we take care of you.

CAVILAM - Alliance Française
The pleasure of learning
Improve your French, live the French way of life, meet people from all over the world, discover a superb region...
There are so many reasons to visit us!

Your programme

WEEK 1
Monday
8am to 10am Personal welcome and level test
11am to 12.30pm French lessons
Afternoon Historical visit of Vichy
Tuesday
8.45am to 12pm French lessons
Wednesday
8.45am to 12pm French lessons
Afternoon Visit to an emblematic place in the region*
Thursday
8.45am to 12pm French lessons
Afternoon Tasting of regional products
Friday
8.45am to 12pm French lessons
Afternoon 1 session of well-being treatments at the famous Vichy Célestins Spa.
Saturday excursion possible according to our programme (optional).

WEEK 2
Monday
11am to 12.30pm French lessons
Afternoon "Gourmet Coffee Debate" with a teacher
Tuesday
8.45am to 12pm French lessons
Wednesday
8.45am to 12pm French lessons
Afternoon Visit to an emblematic place in the region* (see below)
Thursday
8.45am to 12pm French lessons
Evening Dinner in a gastronomic restaurant with a teacher
Friday
8.45am to 12pm French lessons
* Clermont-Ferrand, capital of the Auvergne region - Moulins, city of art and history, capital of the Bourbons - Charroux, medieval village and crafts, etc.
Vichy, the ideal town for your stay

For 2,000 years, Vichy has been a sought-after spa town. Today, it attracts many tourists for its architecture, its Art Nouveau Opera House, its cultural life, its springs, its magnificent parks, but also its history: Napoleon III, the Second World War, etc. It is also known for its mineral water and cosmetics.

You will enjoy walking around this city, which has been listed a UNESCO World Heritage Site since July 2021.