



# PREMIUM SENIOR Programme

CENTRE FOR  
FRENCH LANGUAGE  
TEACHING AND  
PEDAGOGICAL  
RESEARCH  
SINCE 1964

Experience the  
adventure *of* French

[www.cavilam.com](http://www.cavilam.com)

En partenariat avec l'université Clermont Auvergne



**CAVILAM**

VICHY

Alliance Française

Have a great time,  
we take care of you.



## French courses

- Two-week sessions, throughout the year
- Morning classes, adapted to your level
- A pedagogical approach focused on communication
- Classes in small international groups of 8 to 15 participants

## Activities

- A programme designed for you
- Personalized follow-up
- Meetings to practice your French outside the classroom

## Accommodation

In the heart of the city and close to CAVILAM - Alliance Française

- In a host family, to share the life of a French family.
- In a flat or in a hotel residence for more independence.
- In a hotel.

You will be met upon arrival and taken to your accommodation.



## CAVILAM - Alliance Française

### *The pleasure of learning*

Improve your French, live the French way of life, meet people from all over the world, discover a superb region...  
**There are so many reasons to visit us!**

## Your programme

### WEEK 1

#### Monday

**8 am to 10 am** Personal welcome and level test  
**11 am to 12.30 pm** French lessons  
**Afternoon** Historical visit of Vichy

#### Tuesday

**8.45 am to 12 pm** French lessons

#### Wednesday

**8.45 am to 12 pm** French lessons  
**Afternoon** Visit to an emblematic place in the region\*

#### Thursday

**8.45 am to 12 pm** French lessons  
**Afternoon** Tasting of regional products

#### Friday

**8.45 am to 12 pm** French lessons  
**Afternoon** 1 session of well-being treatments at the famous Vichy Célestins Spa.

**Saturday** excursion possible according to our programme (optional).

### WEEK 2

#### Monday

**11 am to 12.30 pm** French lessons  
**Afternoon** "Gourmet Coffee Debate" with a teacher

#### Tuesday

**8.45 am to 12 pm** French lessons

#### Wednesday

**8.45 am to 12 pm** French lessons  
**Afternoon** Visit to an emblematic place in the region\* (see below)

#### Thursday

**8.45 am to 12 pm** French lessons  
**Evening** Dinner in a gastronomic restaurant with a teacher

#### Friday

**8.45 am to 12 pm** French lessons

\* Clermont-Ferrand, capital of the Auvergne region - Moulins, city of art and history, capital of the Bourbons - Charroux, medieval village and crafts, etc.



# Vichy, the ideal town *for your stay*

*For 2 000 years, Vichy has been a sought-after spa town.* Today, it attracts many tourists for its architecture, its Art Nouveau Opera House, its cultural life, its springs, its magnificent parks, but also its history: Napoleon III, the Second World War, etc. It is also known for its mineral water and cosmetics. You will enjoy walking around this city, which has been listed a UNESCO World Heritage Site since July 2021.



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